



SOUND BOWL IMMERSION

The science of deep states of relaxation

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PROFESSIONAL DISCLOSURE AND RELEASE FORM

Tibetan Sound Bowl Immersion

GREGORY HANER

CERTIFIED FACILITATOR AND TEACHING PROFESSIONAL

A one hour Tibetan Sound Bowl immersion exposes each visitor to a unique sensory exchange with beautiful waves of sound orchestrated to create a wonderful experience of deep relaxation. One benefit of deep relaxation is that it tends to restore balance to our mind and body's overall sense of well-being.

The ancient tradition of forging metal sound bowls to tone extraordinary frequency ranges as beautiful sound waves is rooted in a 3,000 year old meditation practice. Our authentic hand-hammered metal bowls are crafted in these Himalayan traditions, and our training and experience enable us to create a comfortable, relaxing, mainstream experience.

The use of this ancient sound technology to relax the mind and restore balance to a body is thriving in today's modern world. In scientifically measurable terms, a sound wave Immersion transitions brain wave frequencies from normal Beta Wave frequencies into more deeply relaxed Alpha, Delta, Theta and even Gamma ranges of brain wave frequencies, identified as experiences of deep mental and physical relaxation, states of meditation, light sleep and often heightened perception.

Qualifications

Sound Bowl Immersion's founder Gregory (Greg) Haner is a Certified Tibetan Sound Bowl Practitioner and Teaching Professional, a Certified Master Immersion Practitioner and a Certified IASH Business Program Consultant. He completed four years of practical and advanced medical-protocol Sound Bowl training in NY and fulfilled his 500 session practicum to become a certified teaching professional. His fraternity of active IASH practitioners spreads throughout the US, Canada, India, Asia, Europe, and Australia and now South America. He has facilitated over 2,000 personal Sound Bowl Immersion sessions. Greg created the original full Immersion bed, full Immersion seated and standing protocols, the full Immersion Sound Bowl Float and the full Immersion Ocean Float.

What Tibetan Bowl Sound Therapy is not

As a Tibetan Bowl Sound Therapy practitioner, I am not a licensed health professional. As such, I will not diagnose, prescribe substances, perform medical treatment, or interfere with the treatment of a qualified physician or other licensed medical professional. The services I offer are considered complementary to traditional western medical practices, and in the state of Montana, the Alternative Healthcare Board under Montana Rules 24.111 governs these services.

Please review the [Medical History Form](#) on our Sound Bowl Immersion web site.

About our Sound Bowl Immersion's Professional Family

Our professional family of certified Tibetan Sound Bowl Immersion practitioners. Each practitioner is a career-professional and the owner of their own independent business. **Bromelia Retreat and Healing Center, Nirvana Pointe Retreat and Spa, Sat Tirath Ashram** and **3HO Kundalini Center**, and **The Energy Within** retail boutique are staffed by actively practicing professional Sound Bowl Immersion facilitators, and each is an independent entity.

Nature of Services Provided

Each session lasts approximately one hour. During this time, the bowls will be played to encourage a deep state of relaxation. Please note that part of the session involves the placement of vibrating objects near or on the body which radiate vibrations and sounds. If you do not want to be touched or have reason to believe that these objects and the sounds they make may cause discomfort, pain, or injury, please advise before the session begins.

Please wear comfortable clothing with no zippers or buttons down the front, no belts, metal buckles or bra underwire, and please remove all jewelry. Yoga or comfortable workout style clothing works best.

By attending your session you imply your consent to these conditions.

Please electronically enter your name and/or sign this form, to further confirm that you hereby release Gregory Haner from any and all liability for injuries that are not directly and proximately caused by professional negligence.

I have read, understand and agree to this Disclosure Form and Release.

Print and sign

NAME:

SIGNATURE:

DATE:

